

March, 2018

Sam Corey Senior Center Schedule

Address: 2108 Cedar St.

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Program information on back. For more information contact the Sam Corey Senior Center at 268-0096 or Delhi Parks & Recreation at 694-1549. Center hours are Monday-Friday 9:00am-4:00pm during regularly scheduled programs.</p>	<p></p>		<p>1 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4pm</p>	<p>2 Exercise 10:30-11:30am Knitting Group 11am-1pm</p>	<p>3 Quilters&Needle Group 10:00am-3:00pm </p>
<p>5 Exercise 10:30-11:30am Bridge 1-4pm Music Jam 6:30-9:00pm</p>	<p>6 Wii Bowling 10:00-12:00pm Exercise 1-2pm Euchre 1-4pm</p>	<p>7 Exercise 9:15-10:15am Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back) Birthday Recognition McClaren Nurses 1pm Blood Pressure Check</p>	<p>8 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4pm Ingham County Genealogy Society 7pm</p>	<p>9 Exercise 10:30-11:00am Knitting Group 11am-1pm Friday Flick 1:00PM "The Wedding Date" Kiwanis Euchre 6:30pm</p>	<p>10 Coffee Hour 10:00am </p>
<p>12 Exercise 10:30-11:30am Bridge 1-4pm</p>	<p>13 Wii Bowling 10:00-12:00pm Board Meeting 10:00am Exercise 1-2pm Euchre 1-4pm Reading Club 2-4pm</p>	<p>14 Exercise 9:15-10:15am Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back) Bingo</p>	<p>15 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4pm</p>	<p>16 Exercise 10:30-11:30am Potluck Lunch 12:00pm Membership Meeting</p>	<p>17 Weavers Study Group 10:00am</p>
<p>19 Exercise 10:30-11:30am Bridge 1-4pm Music Jam 6:30-9:00pm</p>	<p>20 Wii Bowling 10:00-12:00pm Grocery Bingo 10:00am Exercise 1-2pm Bingo 2:00-3:30pm</p>	<p>21 Exercise 9:15-10:15am Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back) TCOA-"Be There, Be Aware" Understanding abuse in later years</p>	<p>22 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4pm</p>	<p>23 Exercise 10:30-11:30am Knitting Group 11am-1pm</p>	
<p>26 Exercise 10:30-11:30am Bridge 1-4pm</p>	<p>27 Wii Bowling 10:00-12:00pm Exercise 1-2pm Genealogy Mentoring 1-3pm Book Discussion Group 12:00-2:30pm</p>	<p>28 Exercise 9:15-10:15am Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back) Realize Cedar Presentation</p>	<p>29 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4pm</p>	<p>30 CENTER CLOSED GOOD FRIDAY</p>	<p>31 </p>

TRI COUNTY OFFICE ON AGING PROGRAMS

TCOA Lunch – Every Wednesday at 12:00 noon. Reservation and/or cancellations are necessary. Please call Addie at 694-0036 by noon on Tuesday prior to the luncheon. If you get the answering machine, please leave a message. Suggested TCOA meal donation \$3.00. A donation for table supplies and beverages is also appreciated.

Menu for the month:

- 03/07/08 – Chicken Fajitas, Onion & Peppers, Wheat Flour Tortilla, Beans & Rice, Orange, Skim Milk. **Birthday Recognition. McClaren Nurses 1:00pm. Blood Pressure Check.**
- 03/14/18 – Cheese Ravioli, Marinara, Wax Beans, Tossed Salad, Bread Stick, Apple, Skim Milk. **Bingo**
- 03/21/18 – Seasoned Fish Fillet, Roasted Red Potatoes, Harvard Beets, Rye Bread, Mandarin Oranges, Skim Milk. **TCOA- “Be There, Be Aware”. Understanding abuse in later years.**
- 03/28/18 – Hawaiian Chicken, Brown Rice, Green Beans, Dinner Roll, Orange, Skim Milk.

Other TCOA Programs

Enhanced Fitness – Monday-Wednesday-Friday class: 10:30-11:30 a.m., Tuesday-Thursday 1:00-2:00 p.m. There is also an early Wednesday class: 9:15-10:15 a.m. Free will donations to TCOA are always appreciated
Blood pressure checks - 1st Wednesday of the month at 1:00 p.m..

CLUB PROGRAMS

Club membership dues are \$12.00 a year

Bridge - Held every **Monday** from 1:00-4:00 p.m. Contact: Rose Yuhasz, 694-9071.

Music Jam – 1st and 3rd **Monday**, 6:30 to 9:00 p.m. Snacks appreciated. Contact: Addie Mutch, 694-0036.

Bingo – Third **Tuesday** of the month, 2:00-3:30 p.m. Four cards for \$1.00. Money collected is distributed as prizes. Contact: Mary Dunn, 694-1158 or Addie Mutch, 694-0036.

76ers Book Discussion Group – Last **Tuesday** of the month, 12:00-2:30 p.m. All kinds of literature is read and discussed including classics, biographies and popular titles. Contact: Tonya Green.

Wii Bowling – Every **Tuesday** from 10:00-12:00 noon. Drop in. Contact: Maxine Rose.

Board Meeting – 2nd **Tuesday** of every month at 10:00 a.m.

Euchre – 1st and 2nd **Tuesday** of the month. 1:00-4:00 p.m. Contact: Joanne Scott, 393-5046.

Genealogy Mentoring, last Tuesday of each month, 1:00-3:00 p.m. Contact: Maxine Rose

Yoga – Every **Thursday** at 10:00 a.m. Contact: Rosemarie Bell, 882-4885.

Euchre/Games Afternoon – Every **Thursday** from 1:00-4:00 p.m. Up to 12 Euchre tables and 2 Rummikub tables. Snacks are always appreciated. Contacts: Donna Cortright, 694-0721 and Maxine Rose.

Ingham County Genealogical Society – 2nd **Thursday** at 7:00 p.m. Contact: Audrey Martini, 719-4737.

Friday Flicks – 2nd and 4th **Friday** at 1:00 p.m. Free popcorn. All types of movies - new, oldies, western, historical. Movie suggestions welcomed. Contact: Sandi Vestrand, 694-6912 after 10:00 a.m.

Monthly Club Membership Meeting/Potluck – 3rd **Friday** of the month at 12 noon. Bring a dish to pass and table service. Contact: Sandi Vestrand, 694-6912 after 10:00 a.m.

Knitting Group – Meets every **Friday** except the 3rd one: 11:00-1:00 p.m. Contact: Helen Griffiths, 694-3754.

Kiwanis Club Euchre – 2nd **Friday** at 6:30 p.m. Contact: Karla Janing, 290-7201 or Ron Venner, 281-9358 .

Quilters/Needlework – 1st **Saturday** of the month. 10:00-3:00 p.m. Contact: Lois Feguer.

Coffee Hour – 2nd **Saturday** at 10:00 a.m. Come and enjoy a cup of coffee and some friendly conversation with fellow seniors. Club contact: Addie Mutch, 694-0036.

Weavers Study Group – 3rd **Saturday** of the month at 10:00 a.m. Contact: Helen Griffiths, 694-3754.

Computer Lessons – by appointment only. Call Sandi at 694-6912 after 10:00 a.m.