

December, 2016

Sam Corey Senior Center Schedule

Address: 2108 Cedar St.

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Program information on back. For more information contact the Sam Corey Senior Center at 268-0096 or Delhi Parks & Recreation at 694-1549. Center hours are Monday-Friday 9:00am-4:00pm and Saturdays during regularly scheduled programs.</p> 			<p>1 Yoga 10:00a.m. Exercise 1-2pm Euchre/games 1-4p.m.</p>	<p>2 Exercise 10:30-11:30 a.m. Knitting Group 11am-1pm</p>	<p>3 Quilters & Needle Work 10:00am-3:00pm</p>
<p>5 Exercise 10:30-11:30am Bridge 1-4pm</p>	<p>6 Wii Bowling 10:00-12:00pm Exercise 1-2p.m. Euchre/games 1-4pm</p>	<p>7 Exercise 10:30-11:30am TCOA Lunch 12:00p.m. (menu on back) McClaren Nurses 1:00pm Blood Pressure Check Birthday Recognition</p>	<p>8 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4p.m. Ing. Co. Gene. Society 6:00p.m.</p>	<p>9 Exercise 10:30-11:30am Knitting Group 11am-1pm Friday Flick 1:00pm "The Christmas Candle" Kiwanis Euchre Club 6:30pm</p>	<p>10 Coffee Hour 10:00a.m.</p>
<p>12 Exercise 10:30-11:30am Bridge 1-4pm</p>	<p>13 Wii Bowling 10:00-12:00pm Board Meeting 10:00am Exercise 1-2p.m. Euchre/games 1-4pm</p>	<p>14 Exercise 10:30-11:30a.m. TCOA Lunch 12:00p.m. (menu on back) Bingo</p>	<p>15 Yoga 10:00a.m. Exercise 1-2p.m. Euchre/games 1-4p.m.</p>	<p>16 Exercise 10:30-11:30a.m. Potluck Lunch 12:00p.m. Membership Meeting</p>	<p>17</p>
<p>19 Exercise 10:30-11:30am Bridge 1-4pm</p>	<p>20 Wii Bowling 10:00-12:00pm Exercise 1-2pm Bingo 2:00-3:30pm</p>	<p>21 Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back) Christmas Party \$5.00 Gift Exchange</p>	<p>22 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4pm</p>	<p>23 Center Closed Happy Holidays!! </p>	<p>24</p>
<p>26 Happy Holidays!! </p>	<p>27 Wii Bowling 10:00-12:00pm Exercise 1-2pm Book Reading 12:00-2:30pm</p>	<p>28 Exercise 10:30-11:30am TCOA Lunch 12:00pm (menu on back)</p>	<p>29 Yoga 10:00am Exercise 1-2pm Euchre/games 1-4pm</p>	<p>30 Exercise 10:30-11:30am Knitting Group 11am-1pm</p>	<p>31</p>

Program Information

Tri-County Office of Aging Lunch (TCOA) – Every Wednesday at 12:00 p.m. \$3.00 donation. **Reservation needed, call Addie Mutch at 694-0036 by noon on Tuesday prior to the lunch you wish to attend. If you get the answering machine, please leave a message.** Programs follow most lunches.

- 12/07 Chicken Stew, Peas, Biscuit, Lemon Cookie, Orange, Skim Milk. **Birthday Recognition.**
McClaren Nurses 1:00 p.m. Blood Pressure Check.
- 12/14 Stuffed Green Pepper, Baked Potato, Wax Beans, Wheat Bread, Strawberry Applesauce, Skim Milk.
Bingo.
- 12/21 Chicken Parmesan, Spaghetti Noodles, Wax Beans, Tossed Salad, Apple Skim Milk.
Christmas Party - \$5.00 Gift Exchange.
- 12/28 Sloppy Joe on Bun, Corn, Carrot Coins, Pear, Skim Milk..

Exercise Class-Enhance Fitness – Monday, Wednesday, Friday from 10:30-11:30 a.m., Tuesday, Thursday from 1-2 p.m. Free (donations welcome)

Music Jam Session – **Will not meet again until February, 2017.**

Bridge – Held every Monday from 1:00-4:00 p.m. Free. Please bring your own cards.

Potluck Luncheon – Third Friday of the month at 12:00 noon. Bring your own table service. Coffee provided.

Bingo – Third Tuesday of the month from 2:00-3:30p.m. Four cards for \$1.00. Money collected will be distributed as prizes. .

Euchre & Games – Thursdays from 1:00-4:00 p.m. Euchre and Rummy / Kube during the afternoon. Free. Euchre group also meets the first two Tuesdays of each month 1-4pm.

Friday Flicks – 2nd and 4th Friday of the month starting at 1:00 p.m. Join us for a movie on our large screen projector, while enjoying fresh popcorn. Cost: Free (donations welcome)

Coffee Hour – 2nd Saturday of every month at 10:00 a.m. Please come and enjoy a cup of coffee and some friendly conversation with fellow seniors.

76ers Book Discussion Group – Last Tuesday of the month 12:00-2:30 p.m. All kinds of literature is read and discussed including classics, biographies & popular titles.

Quilters & Needle Work – 1st Saturday of the month – 10:00 a.m. – 3:00 p.m.

Board Meeting – 2nd Tuesday of every month at 10:00 a.m.

Wii Bowling – Every Tuesday from 10:00-12:00 – Drop in.

Knitting Group – Meets every Friday of the month except the 3rd one from 11:00 a.m.– 1:00 p.m.

Yoga – Every Thursday at 10:00a.m.

McLaren- Nurses from McLaren will be here the first Wednesday of every month at 1p.m. to check blood pressures.

Computer Lessons –**By appointment only. Call Sandy at 694-6912.**

Kiwanis Club Euchre – Second Friday of the month. 6:30pm

Weaver's Study Group – **Will not meet again until the Spring of 2017.**

Ingham County Genealogical Society – Second Thursday of the month at 7:00 p.m.